

SINGAPORE

ELLE

INSIDE SCOOP!
COOLEST STORES AT ION

AUGUST 2009

WOMEN SPEAK OUT!
THE REAL REASON WE'RE NOT HAVING BABIES

MASTER YOUR MAKEUP
EASY WAYS TO UPDATE YOUR LOOK
+ FAB NEW LIPSTICKS

8 VERY SEXY SHIRTS
TO TAKE YOU EVERYWHERE

"I THOUGHT FAME WAS THE ANSWER TO ALL MY PROBLEMS"
ACTRESS RUIEN ON HER BIG REALITY CHECK

CREAMS THAT MAKE YOU SLIM
DO THEY REALLY WORK?

WE ♡ SINGAPORE

10 MOVERS AND SHAKERS, HOT YOUNG DESIGNERS & WHY THIS COUNTRY MAKES US LAUGH

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August 2009 \$6.00 (INCL. GST)

beauty

BABY LOVE

Every mother wants to give her baby the best. But truth be told, many of the truly natural baby brands out there are costly. **The Body Shop's** Baby Buriti range has been receiving rave reviews on the Internet for its gorgeous-smelling, beautiful products at affordable prices. Treat baby and toddler alike to these paediatrician-approved goodies like the body wash, butter and massage gel as well as the ultra-soft bamboo hair brush. *From \$12.90. At The Body Shop stores.*



QUICK FIXES

Whether a mid-day boost or an after-hours soother, these products offer instant gratification in the heat.

- **Clarins** Hydra-Quench Cream-Mask, \$65. Perfect for dehydrated skin, this creamy mask uses sorbier tree bud to stimulate micro-circulation so that skin gets an instant radiant glow.
- **Youngblood** Mineral Make Up Minerals in the Mist, \$73.85. These mineral-enriched face sprays not only smell heavenly but are extremely hydrating on skin. Great for a mid-afternoon waker-upper!
- **Garnier** Aqua Defense Eye Roll-On, \$19.90. Boost under-eye circulation and say goodbye to dark circles. The cool metal applicator immediately soothes skin after a day in the sun.
- **Bobbi Brown** Sheer Color Cheek Tint, \$35. There's nothing like a cleverly faked flush to transform pale or dull skin from drab to dreamy.

SIMPLE PLEASURES

When was the last time you had a truly great facial?



We popped in for a **Phyt** Facial at Renewal Day Spa and were pleasantly pleased with the results. The all-organic ingredients came in their own ultra-hygienic individual packs. The naturally scented products smelled divine and felt comforting and non-irritating on our sensitive skin, and the extraction techniques were skilful and near-painless. Every last bump and blackhead was rooted out, so skin felt fabulously clear instantly and looked great days later. *From \$125 for 75 minutes. Renewal Day Spa, #17-02 Tong Building, 6738-0988.*



For more mature complexions, the **Collins** Ultimate Vivifying Treatment at Amore outlets is a godsend. This pioneering French brand was among the first to use collagen. Besides the comfortable surroundings, we enjoyed the extensive facial massage and benefited from the super-thorough extractions, getting rid of every impurity so that skin felt scrubbed clean after. *From \$120 for 90 minutes. Amore Living, #05-18 Tampines 1, 6784-1822.*



FINGER PLAY

All the fuss about hygiene in the news over the past few months might leave a girl a bit wary about contaminating her makeup. **Make Up Store** Finger Sponges are a great option for single use or travelling, and are easy to use – even for the clumsy. Simply bin each piece after one use. *\$15 for 12 pieces. At Make Up Store outlets.*



SENSITIVE ISSUES

If you've got reactive skin or a complexion that is prone to breakouts, try these new products. **Clinique** Anti-Blemish Solutions Oil-Control Cleansing Mask, \$49, is a clay-based mask that helps reduce the severity and occurrence of acne breakouts. If your skin is clinically sensitive, an ultra-gentle moisturiser like **Dr Brandt** Anti-Irritant Soothing Moisturizer, \$115, with pumpkin-skin extract and shea butter, will comfort and relieve skin irritation. And because you have to be extra careful with makeup application, **Etsusais** Medicated Acne Daytime Defense Extra Powder, \$64, is a great option. It treats acne and feels light as cotton wool, while offering the coverage of regular foundation.